

2 ½ - 3 ½ year-old preschool curriculum

Academic

All work is done both in English and in French

Letters:

- ✓ naming the letters « A » « B » « C »...
- ✓ associating the sounds with the letters

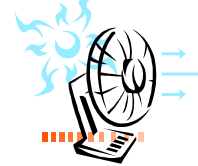


Numbers:

- ✓ counting
- ✓ knowing the names of the numbers
- ✓ understanding the quantities associated with the numbers

Science:

- ✓ planting seeds
- ✓ learning about native animals in Quebec (including hibernation and migration)
- ✓ insects
- ✓ amphibians and lizards
- ✓ performing simple science experiments
- ✓ learning about food and where it comes from (milk, eggs, etc) and about healthy eating
- ✓ weather concepts
- ✓ seasons
- ✓ learning about mixing colours



Creative

Music

- ✓ lessons once a week given by our music specialist (Wednesday or Thursday afternoon)
- ✓ musical activities in class
- ✓ creating our own orchestra
- ✓ singing with our teachers
- ✓ learning about different types of music during our theme weeks (for example Caribbean music)
- ✓ special events with musicians about once every second month throughout the year



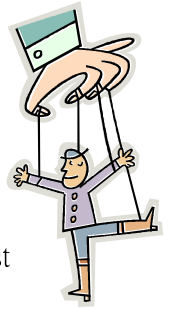
Crafts

- ✓ free play time, colouring with coloured pencils and crayons, making our very own creations
- ✓ practicing our cutting with scissors
- ✓ painting
- ✓ crafts with our Arts and Crafts specialist (special activity offered every second month)
- ✓ crafts with our teachers to decorate our bulletin boards
- ✓ crafts with our teachers during special holiday times (mother's day, etc: emphasis on the child doing the creating and making choices about colours, etc and how the finished product will look)
- ✓ face painting
- ✓ outdoor crafts: chalk art, painting in the snow



Theatre

- ✓ puppet shows with our puppet theatre and puppets
- ✓ dress up box
- ✓ dress up in costume from home days
- ✓ funny hat days
- ✓ theatre groups performing with actors and/or with puppets at our school as a special event at least once per month



Physical

Aerobics and sports program with our specialist Kim (Monday or Tuesday afternoons)

- ✓ games with balls, hoola hoops, balloons, scarves
- ✓ basic aerobic steps
- ✓ mini relay races
- ✓ musical chair “party” type games
- ✓ freeze dance
- ✓ outdoor introduction to sports
- ✓ Children’s Olympic-style games



Playground activities

- ✓ games with our friends
- ✓ games on the playground equipment
- ✓ sand play
- ✓ during the summer we play outdoors twice a day and in the winter once a day (after snack in the morning)



Optional programs (You may register your child for these programs, there is an additional fee)

- ✓ Wingym gymnastics (Kindergym program offered at the gym in Beaconsfield for ages 3 and up)
- ✓ Hip hop classes (offered at Montessori)
- ✓ Yoga classes (offered at Montessori Thursday mornings)
- ✓ Pre-ballet (offered at Montessori)
- ✓ Skill development gym Program for toddlers: A program to promote body awareness

Social

- ✓ getting along nicely with our classmates and friends
- ✓ learning to be independent (including separating from mom and dad, and learning to do things for ourselves)
- ✓ being able to wait for our turn
- ✓ learning to work cooperatively in a group
- ✓ becoming confident
- ✓ learning to problem solve
- ✓ knowing when to ask for a teachers assistance if needed
- ✓ being able to focus during a performance
- ✓ learning to express feelings
- ✓ learning the limits of our behaviour
- ✓ being polite
- ✓ having the confidence to ask questions and participate in a group discussion
- ✓ learning how to follow directions that have several steps

