

# Prekindergarten curriculum

**Junior Prekindergarten ages: 3 ½ to 4 ½ and Senior Prekindergarten ages: 4 ½ to 5+**

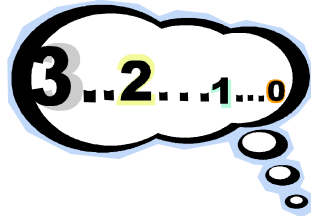
**Children will cover the following topics according to their individual abilities**

## Academic

All work is done both in English and in French

Letters:

- ✓ naming the letters « A » « B » « C »...
- ✓ associating the sounds with the letters
- ✓ vowels, long and short
- ✓ matching words
- ✓ sounding out words
- ✓ starting to read



Numbers:

- ✓ counting
- ✓ knowing the names of the numbers
- ✓ understanding the quantities associated with the numbers
- ✓ adding and subtracting simple numbers
- ✓ understanding the decimal system (units, tens, hundreds, thousands)
- ✓ understanding numbers from 10 to 20 (the “teens”)
- ✓ adding more complex numbers

Science:

- ✓ understanding plants
- ✓ learning about native animals in Quebec (including hibernation and migration)
- ✓ insects
- ✓ amphibians and lizards
- ✓ performing simple science experiments
- ✓ weather concepts
- ✓ seasons
- ✓ days of the week
- ✓ the clock (time concepts)



## Creative

Music

- ✓ lessons once a week given by our music specialist (Wednesday or Thursday afternoon)
- ✓ musical activities in class
- ✓ creating our own orchestra
- ✓ singing with our teachers
- ✓ learning about different types of music during our theme weeks (for example Caribbean music)
- ✓ special events with musicians about once every second month throughout the year
- ✓ free play time, colouring with coloured pencils and crayons, making our very own creations
- ✓ painting
- ✓ crafts with our Arts and Crafts specialist (special activity offered every second month)
- ✓ crafts with our teachers to decorate our bulletin boards
- ✓ crafts with our teachers during special holiday times (mother’s day, etc)
- ✓ face painting
- ✓ outdoor crafts: chalk art, painting in the snow



## Theatre

- ✓ puppet shows with our puppet theatre and puppets
- ✓ dress up box
- ✓ dress up in costume from home days
- ✓ funny hat days
- ✓ theatre groups performing with actors and/or with puppets at our school as a special event at least once per month



## Physical

Aerobics and sports program with our specialist Kim (Monday or Tuesday afternoons)

- ✓ games with balls, hoola hoops, balloons, scarves
- ✓ basic aerobic steps
- ✓ mini relay races
- ✓ musical chair “party” type games
- ✓ freeze dance
- ✓ outdoor introduction to sports
- ✓ Children’s Olympic-style games

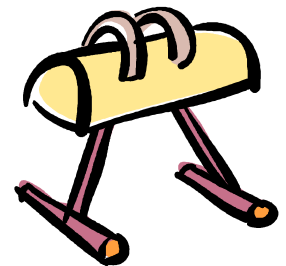


Playground activities

- ✓ games with our friends
- ✓ games on the playground equipment
- ✓ sand play
- ✓ during the summer we play outdoors twice a day and in the winter once a day (after snack in the morning)

Optional programs (You may register your child for these programs, there is an additional fee)

- ✓ Wingym gymnastics (Kindergym program offered at the gym in Beaconsfield)
- ✓ Swimming lessons (at the Aquatic Centre in Pointe Claire)
- ✓ Hip hop classes (offered at Montessori)
- ✓ Yoga classes (offered at Montessori Thursday mornings)
- ✓ Pre-ballet (offered at Montessori)



## Social

- ✓ getting along nicely with our classmates and friends
- ✓ being able to wait for our turn
- ✓ learning to work cooperatively in a group
- ✓ learning to lead a group
- ✓ being confident
- ✓ learning to problem solve
- ✓ knowing when to ask for a teachers assistance if needed
- ✓ speaking to a group
- ✓ performing in front of a group
- ✓ being able to focus during a performance
- ✓ learning to express feelings
- ✓ learning the limits of our behaviour
- ✓ being polite
- ✓ learning how to set the table correctly
- ✓ having the confidence to ask questions and participate in a group discussion

